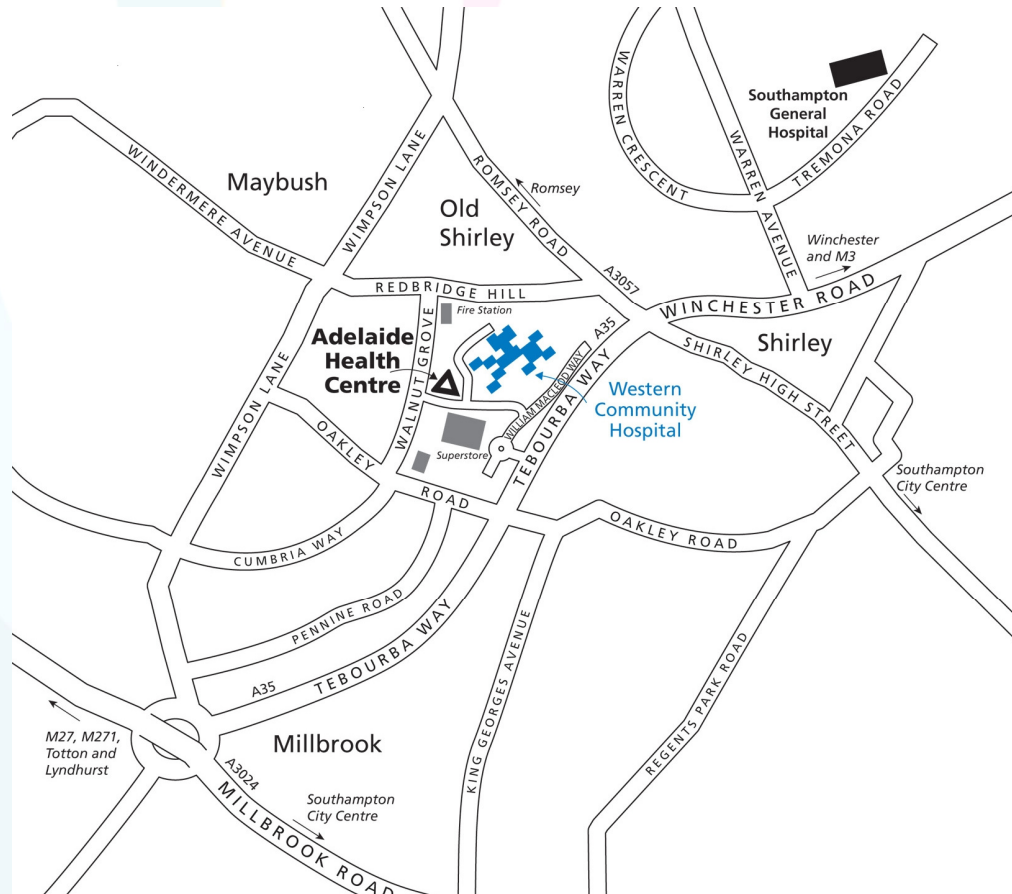


Adelaide Health Centre: How to find us



The Adelaide Health Centre is located on the Western Community Hospital Site in Millbrook. The postal address for the Centre is:

The Adelaide Health Centre
 Western Community Hospital Campus
 William Macleod Way
 Southampton
 Hampshire
 SO16 4XE

There will be dedicated patient parking on site and disabled parking spaces available near to the entrance.

Getting to the Adelaide Health Centre

● by car:

The Adelaide Health Centre is situated on William Macleod Way, off Tebourba Way.

By the traffic lights on Tebourba Way, turn in towards the Tesco store and at mini roundabout; take the 2nd exit into William Macleod Way. The entrance to the Adelaide Health Centre is on the left.

● by bike:

There are a number of cycle racks on site situated just outside the main entrance.

● by bus:

South West Hampshire LIFT Co is currently consulting with bus companies around the Southampton area to increase the number of services travelling near to the Adelaide Health Centre. Currently the following bus services run near to the site:

Southampton First Bus: For further information on bus timetables visit: www.firstgroup.com

Oakley Road bus stop:

- Bus number 17 (Southampton Centre - Millbrook – Lordshill Via Station - Shirley - Lower Brownhill Rd)
- Bus number 17A (Southampton Centre – Millbrook – Hospital - Lordshill Via Station - Shirley – Coxford)
- Bus number 4 (Southampton City Centre - General Hospital –Totton Via Central Station - Hill Lane - Shirley)

Maybush Corner/Romsey Road bus stop:

- Bus number 8 (Midanbury - Townhill - Woolston - Southampton Centre - Lordshill Via Bitterne - Merry Oak - Station - Shirley – Coxford)
- Bus number 8A (Hedge End - West End - Woolston - Southampton Centre - Lordshill Via Chartwell Green - Bitterne - Peartree Av - Station - Shirley – Coxford)
- Bus number 10 (Thornhill - Southampton Centre – Hospital – Lordshill Via Kathleen Rd-Woolston – Station – Shirley - Shirley Warren - Aldermoor Rd)
- Bus number 10A (Thornhill - Southampton Centre-Hospital – Lordshill Via North East Rd-Woolston – Station – Shirley - Shirley Warren - Lordshill)

Tesco Millbrook bus stop:

- Bus number 22 (RSH Hospital - Southampton Centre - Shirley - Lordswood – Lordshill Via Polygon - Freemantle - Tesco - Upper Shirley - General Hospital)

Solent Blue Line: For further information on bus time tables please visit: www.bluestarbus.co.uk

- Bus number 4 (Southampton - Shirley - Lord's Hill - North Baddesley – Romsey)
- Bus number 18 (Thornhill - Bitterne - Southampton - Shirley - Millbrook)