

Implantable contraceptive (Nexplanon) questionnaire

Name:			
Date of birth & age:	/	/	Age =
What was the first day of your last period:	/	/ 20	

- 1 Have you previously had an implant fitted elsewhere? No Yes
- 2 Are you allergic to etonogestrel? No Yes
- 3 Are you allergic to any local anaesthetics? No Yes
- 4 Do you take any of these drugs: No Yes
- | | | | | | |
|--|-----------------|---------------|---------------|----------------|--|
| | aprepitant | fosphenytoin | phenobarbital | ritonavir | |
| | bosentan | lumacaftor | phenytoin | rufinamide | |
| | carbamazepine | modafinil | primidone | St John's wort | |
| | efavirenz | nevirapine | rifabutin | topiramate | |
| | eslicarbazepine | oxcarbazepine | rifampicin | | |
- 5 Have you had ischaemic heart disease? No Yes
- 6 Have you had a transient ischaemic attack or stroke (TIA or CVA)? No Yes
- 7 Do you have any unexplained vaginal bleeding? No Yes
- 8 Do you have or have you had breast cancer? No Yes
- 9 Have you had liver disease? No Yes
- 10 Have you taken ullipristol acetate in the last five days (before insertion)? No Yes

Please insert your initials to confirm that you have read & understood each section →	Initials
Effectiveness of the contraceptive implant: The first year failure rate has been estimated at 0.05%.	
Duration of use: The implantable contraceptive is licenced for a maximum of three years use.	
Interactions with medicines & other products: Other medicines & products can effect the implant during & for up to 28 days after concurrent use. Question 4 above lists the current known interactions, but you should always check before starting any new medication, herbal remedies or other medicinal products.	
Potential bleeding patterns: Irregular or unpredictable bleeding patterns are common: women report no periods, fewer periods, more periods & prolonged bleeding patterns with the implant. Bleeding patterns may change at any time during use of the implant. The number of bleeding or spotting days is lower or about the same as anyone not using an implant, but the timing is unpredictable. If you experience erratic bleeding during the first six months, there is about a 50% chance this will later improve. You can contact us to discuss adding in other contraception to help to control this.	
Other potential side-effects: Headache is a commonly reported side-effect. A minority will experience new acne or a worsening of existing acne. Very rarely, the implant has been known to move under the skin to another site. Some users report their implant can be seen under UV lights found in nightclubs.	
Insertion procedure: A local anaesthetic is injected in to the inner side of the upper arm. Once numb, the implant is injected here, sitting just under the skin. A plaster is then applied over the injection site.	
Risks of insertion: Complications following insertion include pain at the site of insertion, bruising, redness & irritation. Rare complications include it being inserted too deeply, inserted into nearby blood or nerve structures, or inserted into nearby muscles.	
Impalpable implants: If you are unable to find your implant, you must inform us.	
Removal procedure: A local anaesthetic is injected in to the skin near the implant, a small incision is made & the implant is pushed out of this incision. A plaster is then applied over the injection site.	

Please sign	Signature:	Date:
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